

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 5:45A SPIN (XP) AMIRA 9A 321 ANDY 9:15A SPIN XL(75) ANGIE 9:30A PILATES SCULPT NICOLE 10A RESTORATIVE YOGA ANDY 11A MUSCLE MAX LT CARYN 4P MINDFUL MVMT CARYN 5:30P BUTTS & GUTS ABBIE 6P SPIN & STRETCH CANCELED	2 5:45A BOOTCAMP LIZ 8:30A BALANCE (STX) SUE 8:30A PILATES BARRE LAURA 9A BOXING/BOOTCAMP STEPH 9:30A BUILT ALLIE 10:30A YOGA BLEND ELLIE 11A CORE & FLOOR WENDY 5:30P BARBELL FIT ABBIE 6:30P B-CAMP&BAG CHARLIE 6:30P PILATES SCULPT NICOLE	3 5:45A SPIN & STRETCH CINDY 8:15A HATHA LINDA 9:15A ULT STRENGTH ALLIE 9:30A SPIN (30/30) ANG 9:30A BARBELL FIT ABBIE 11A MUSCLE MAX LT JAY 12P SPIN B&B JOE 4P RESTORATIVE YOGA CARYN 5:30P ULT STRENGTH JAY 6P SPIN ADRIENNE 6:30P VINYASA TAYLOR	4 5:45A BOOTCAMP AMIRA 8:30A PILATES SCULPT LAURA 8:30A SPIN XL 9:30A BUTTS & GUTS ANG 9:30A STRICTLY STRENGTH ABBIE 10:30A STRETCH & RESET LAUREN 5:30P MEET @THE BARRE NICOLE 6:30P B-CAMP&BAG CHARLIE	5 5:45A SPIN B&B LIZ 7:45A HATHA ELLIE 9A CIRCUIT STRENGTH ANDY 9:30A SPIN 30/30 ANGIE 10A MINDFUL MOVEMNT ANDY	6 8A HATHA MICHEAL 9A SPIN XL ANGIE 9A STEP & WEIGHTS PATTY 10A PILATES BARRE LAURA 10A BOOTCAMP AMIRA 11A B-CAMP & BAG CHARLIE 11A ZUMBA LAUREN

7 8A PILATES PATTI 9A SPIN (AT) NIKKI 10A BOOTCAMP ABBIE 10:15A HATHA/VIN ELLIE	8 5:45A SPIN (XP) AMIRA 9A 321 ANDY 9:15A SPIN XL(75) ANGIE 9:30A PILATES SCULPT NICOLE 10A RESTORATIVE YOGA ANDY 11A MUSCLE MAX LT CARYN 4P MINDFUL MVMT CARYN 5:30P BUTTS & GUTS ABBIE	9 5:45A BOOTCAMP LIZ 8:30A BALANCE (STX) SUE 8:30A PILATES BARRE LAURA 9A BOXING/BOOTCAMP STEPH 9:30A BUILT ALLIE 10:30A YOGA BLEND ELLIE 11A CORE & FLOOR WENDY 5:30P BARBELL FIT ABBIE 6:30P B-CAMP&BAG CHARLIE 6:30P PILATES SCULPT NICOLE	10 5:45A SPIN & STRETCH CINDY 8:15A HATHA LINDA 9:15A ULT STRENGTH ALLIE 9:30A SPIN (30/30) ANG 9:30A BARBELL FIT ABBIE 11A MUSCLE MAX LT JAY 12P SPIN B&B JOE 4P RESTORATIVE YOGA CARYN 5:30P ULT STRENGTH JAY 6P SPIN ADRIENNE 6:30P VINYASA TAYLOR	11 5:45A BOOTCAMP AMIRA 8:30A PILATES SCULPT LAURA 8:30A SPIN XL 9:30A BUTTS & GUTS ANG 9:30A STRICTLY STRENGTH ABBIE 10:30A STRETCH & RESET LAUREN 5:30P MEET @THE BARRE NICOLE 6:30P B-CAMP&BAG CHARLIE	12 5:45A SPIN B&B LIZ 7:45A HATHA ELLIE 9A CIRCUIT STRENGTH ANDY 9:30A SPIN 30/30 ANGIE 10A MINDFUL MOVEMNT ANDY	13 8A HATHA MICHEAL 9A SPIN XL ANGIE 9A STEP & WEIGHTS PATTY 10A PILATES BARRE LAURA 10A BOOTCAMP AMIRA 11A B-CAMP & BAG CHARLIE 11A ZUMBA LAUREN
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14 8A PILATES PATTI 9A SPIN (AT) ADRIENNE 10A BOOTCAMP ABBIE 10:15A HATHA/VIN ELLIE	15 5:45A SPIN (XP) AMIRA 9A 321 ANDY 9:15A SPIN XL(75) ANGIE 9:30A PILATES SCULPT NICOLE 10A RESTORATIVE YOGA ANDY 11A MUSCLE MAX LT JAY 4P MINDFUL MVMT CARYN 5:30P BUTTS & GUTS ABBIE	16 5:45A BOOTCAMP LIZ 8:30A BALANCE (STX) SUE 8:30A PILATES BARRE LAURA 9A BOXING/BOOTCAMP STEPH 9:30A BUILT ALLIE 10:30A YOGA BLEND ELLIE 11A CORE & FLOOR WENDY 5:30P BARBELL FIT ABBIE 6:30P B-CAMP&BAG CHARLIE 6:30P PILATES SCULPT NICOLE	17 5:45A SPIN & STRETCH CINDY 8:15A HATHA LINDA 9:15A ULT STRENGTH ALLIE 9:30A SPIN (30/30) ANG 9:30A BARBELL FIT ABBIE 11A MUSCLE MAX LT JAY 12P SPIN B&B JOE 4P RESTORATIVE YOGA CARYN 5:30P ULT STRENGTH JAY 6P SPIN ADRIENNE 6:30P VINYASA TAYLOR	18 5:45A BOOTCAMP AMIRA 8:30A PILATES SCULPT LAURA 8:30A SPIN XL 9:30A BUTTS & GUTS ANG 9:30A STRICTLY STRENGTH ABBIE 10:30A STRETCH & RESET LAUREN 5:30P MEET @THE BARRE NICOLE 6:30P B-CAMP&BAG CHARLIE	19 5:45A SPIN B&B CINDY 7:45A HATHA ELLIE 9A CIRCUIT STRENGTH ANDY 9:30A SPIN 30/30 ANGIE 10A MINDFUL MOVEMNT ELLIE	20 8A HATHA MICHEAL 9A SPIN XL ANGIE 9A STEP & WEIGHTS PATTY 10A PILATES BARRE LAURA 10A BOOTCAMP AMIRA 11A B-CAMP & BAG CHARLIE 11A ZUMBA LAUREN
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21 8A PILATES AMIRA 9A SPIN (AT) ADRIENNE 10:15A HATHA/VIN CARYN 10A BOOTCAMP ABBIE	22 5:45A SPIN (XP) AMIRA 9A 321 ANDY 9:15A SPIN XL(75) ANGIE 9:30A PILATES SCULPT NICOLE 10A RESTORATIVE YOGA ANDY 11A MUSCLE MAX LT JAY 4P MINDFUL MVMT CARYN 5:30P BUTTS & GUTS ABBIE	23 5:45A BOOTCAMP AMIRA 8:30A BALANCE (STX) SUE 8:30A PILATES BARRE LAURA 9A BOXING/BOOTCAMP STEPH 9:30A BUILT ALLIE 10:30A YOGA BLEND ELLIE 11A CORE & FLOOR WENDY 5:30P BARBELL FIT ABBIE 6:30P B-CAMP&BAG CHARLIE 6:30P PILATES SCULPT NICOLE	24 5:45A SPIN & STRETCH AMIRA 8:15A HATHA LINDA 9:15A ULT STRENGTH ALLIE 9:30A SPIN (30/30) ADRIENNE 9:30A BARBELL FIT ABBIE 11A MUSCLE MAX LT JAY 12P SPIN B&B JOE 4P RESTORATIVE YOGA CARYN 5:30P ULT STRENGTH JAY 6P SPIN ADRIENNE 6:30P VINYASA TAYLOR	25 5:45A BOOTCAMP AMIRA 8:30A PILATES SCULPT LAURA 8:30A SPIN XL 9:30A BUTTS & GUTS ANG 9:30A STRICTLY STRENGTH ABBIE 10:30A STRETCH & RESET LAUREN 5:30P MEET @THE BARRE NICOLE 6:30P B-CAMP&BAG CHARLIE	26 5:45A SPIN B&B AMIRA 7:45A HATHA ELLIE 9A CIRCUIT STRENGTH ANDY 9:30A SPIN 30/30 ANGIE 10A MINDFUL MOVEMNT ANDY	27 8A HATHA MICHEAL 9A SPIN XL ANGIE 9A STEP & WEIGHTS PATTY 10A PILATES BARRE LAURA 10A BOOTCAMP AMIRA 11A B-CAMP & BAG CHARLIE 11A ZUMBA LAUREN
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28 8A PILATES PATTI 9A SPIN(AT) NIKKI 10:15A HATHA/VIN CARYN 10A BOOTCAMP ABBIE	29 5:45A SPIN (XP) AMIRA 9A 321 ANDY 9:15A SPIN XL(75) ANGIE 9:30A PILATES SCULPT NICOLE 10A RESTORATIVE YOGA ANDY 11A MUSCLE MAX LT CARYN 4P MINDFUL MVMT CARYN 5:30P BUTTS & GUTS ABBIE	30 5:45A BOOTCAMP LIZ 8:30A BALANCE (STX) SUE 8:30A PILATES BARRE LAURA 9A BOXING/BOOTCAMP STEPH 9:30A BUILT ALLIE 10:30A YOGA BLEND LINDA 11A CORE & FLOOR WENDY 5:30P BARBELL FIT ABBIE 6:30P B-CAMP&BAG CHARLIE 6:30P PILATES SCULPT NICOLE	<h1>BHC</h1> <h2>BEVERLY HILLS CLUB</h2> <p>31555 SOUTHFIELD RD, BEVERLY HILLS, MI 48025</p>		<p>GROUPX & SPIN</p> <h1>JUNE 2026</h1> <p>MAKE SURE TO REGISTER ONLINE/APPI! FOR MOST ACCURATE SCHEDULE SEE APP</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p>LIKE US / FOLLOW US BEVERLYHILLSCLUB</p>	
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