

2025 MARCH GROUPX & SPIN

PLEASE SEE BHC APP
FOR MOST ACCURATE SCHEDULE

<p>30</p> <p>8 PILATES SHANIYA 9 SPIN (AT) SHIRIN 9 THROWBACK LPK</p> <p>10:15 HATHA/VIN CARYN 10 BOOTCAMP (GYM) ABBY</p>	<p>31</p> <p>5:45 SPIN (B&B) AMIRA 9 CARDIO CORE CRUSH ALLIE 9:15 SPIN XL (75) ANGIE 9:30 BIG GYM CIRCUIT JAY 9:30 VINYASA (STX) ANA 10 RESTORATIVE YOGA TERENCE 10 MUSCLE MAX LT CARYN 4 RESTORATIVE YOGA CARYN 5:30 BUTTS & GUTS ABBY 6 SPIN & STRETCH NIKKI</p>	<h1 style="text-align: center;">2025 MARCH GROUPX & SPIN</h1> <p style="text-align: center;">PLEASE SEE BHC APP FOR MOST ACCURATE SCHEDULE</p>		<p>1</p> <p>8 HATHA MICHAEL 9 SPIN & STRETCH NIKKI 9 STEP & WEIGHTS PATTY 10 PILATES SCULPT LAURA 10 GYM CIRCUITS LPK 11 B-CAMP & BAG CHARLIE 11 ZUMBA LAUREN</p>		
<p>2</p> <p>8 PILATES SHANIYA 9 SPIN (AT) SHIRIN 9 THROWBACK AEROBICS LPK 10 HATHA/VIN CARYN 10 BOOTCAMP ABBY</p>	<p>3</p> <p>5:45 SPIN (B&B) AMIRA 9 CARDIO CORE CRUSH ALLIE 9:15 SPIN XL (75) ANGIE 9:30 BIG GYM CIRCUIT JAY 9:30 VINYASA (STX) ANA 10 RESTORATIVE YOGA TERENCE 11 MUSCLE MAX LT CARYN 4 RESTORATIVE YOGA CARYN 5:30 BUTTS & GUTS ABBY 6 SPIN & STRETCH NIKKI</p>	<p>4</p> <p>5:45 BOOTCAMP AMIRA 6:30 ASHTANGA MICHAEL 8:30 BALANCE (STX) MICHAEL 8:30 PILATES SCULPT LAURA 8:30 SPIN (XP) SHIRIN 9:30 SURFSET SHIRIN 9:30 BUILT ALLIE 10:30 YOGA BLEND TERENCE 12 SPIN B&B JOE 5:30 STRICTLY STRGTH ABBY 6:30 B-CAMP & BAG CHARLIE</p>	<p>5</p> <p>5:45 SPIN & STRETCH CINDY 8 HATHA MICHAEL 8 SPIN (30/30) ANGIE 9:30 STRICTLY STRGTH ABBY 9:30 CARDIOBOX SHIRIN 11 MUSCLE MAX LT JAY 4 RESTORATIVE YOGA CARYN 5:30 PILATES SCULPT SHANIYA 6 SPIN B&B SHIRIN 6:30 VINAYASA LAUREN</p>	<p>6</p> <p>5:45 BOOTCAMP LIZ 8:30 PILATES SCULPT LAURA 9:30 SPIN (30/30) ANGIE 9:30 SURFBARRE SHIRIN 9:30 STRICTLY STRGTH ABBY 5:30 STRENGTH LPK 6:30 B-CAMP & BAG CHARLIE 6:30 VINYASA TAYLOR</p>	<p>7</p> <p>5:45 SPIN B&B LIZ 7:45 HATHA MICHAEL 8 EARLY BIRD BOX LPK 9:30 SPIN 30/30 AMY 9:30 BOOTCAMP ALLIE 9 CIRCUIT STRNGTH JAY 10 RESTORATIVE YOGA MICHAEL</p>	<p>8</p> <p>8 HATHA MICHAEL 9 SPINXL ANGIE 9 STEP & WEIGHTS PATTY 10 PILATES SCULPT LAURA 10 GYM CIRCUITS JAY 11 B-CAMP & BAG CHARLIE 11 ZUMBA LAUREN</p>
<p>9</p> <p>8 PILATES PATTI 9 SPIN (AT) AMIRA 9 THROWBACK AEROBICS LPK 10 HATHA/VIN CARYN 10 BOOTCAMP (GYM) ABBY</p>	<p>10</p> <p>5:45 SPIN (B&B) AMIRA 9 CARDIO CORE CRUSH ALLIE 9:15 SPIN XL (75) ANGIE 9:30 BIG GYM CIRCUIT JAY 9:30 VINYASA (STX) ANA 10 RESTORATIVE YOGA TERENCE 11 MUSCLE MAX LT CARYN 4 RESTORATIVE YOGA CARYN 5:30 BUTTS & GUTS ABBY 6 SPIN & STRETCH NIKKI</p>	<p>11</p> <p>5:45 BOOTCAMP AMIRA 6:30 ASHTANGA MICHAEL 8:30 BALANCE (STX) MICHAEL 8:30 PILATES SCULPT LAURA 8:30 SPIN (XP) SHIRIN 9:30 SURFSET SHIRIN 9:30 BUILT ALLIE 10:30 YOGA BLEND TERENCE 12 SPIN B&B JOE 5:30 STRICTLY STRGTH ABBY 6:30 B-CAMP & BAG CHARLIE</p>	<p>12</p> <p>5:45 SPIN & STRETCH CINDY 8 HATHA MICHAEL 8 SPIN (30/30) ANGIE 9:30 STRICTLY STRGTH ABBY 9:30 CARDIO BOX SHIRIN 11 MUSCLE MAX LT JAY 4 RESTORATIVE YOGA CARYN 5:30 PILATES SCULPT SHANIYA 6 SPIN B&B ADRIENN 6:30 VINAYASA LAUREN</p>	<p>13</p> <p>5:45 BOOTCAMP LIZ 8:30 PILATES SCULPT LAURA 9:30 SPIN (30/30) ANGIE 9:30 SURFBARRE SHIRIN 9:30 STRICTLY STRGTH ABBY 5:30 STRENGTH LPK 6:30 VINYASA TAYLOR 6:30 B-CAMP & BAG CHARLIE</p>	<p>14</p> <p>5:45 SPIN B&B LIZ 7:45 HATHA MICHAEL 8 EARLY BIRD BOX SHIRIN 9:30 SPIN 30/30 SHIRIN 9:30 BOOTCAMP ALLIE 9 CIRCUIT STRNTH ANDY 10 RESTORATIVE YOGA ANDY</p>	<p>15</p> <p>8 HATHA MICHAEL 9 SPINXL ANGIE 9 STEP & WEIGHTS PATTY 10 PILATES SCULPT LAURA 10 GYM CIRCUITS LPK 11 B-CAMP & BAG CHARLIE 11 ZUMBA LAUREN</p>
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