

Jun Jul Aug 2024

Aqua

Sun	Mon	Tue	Wed	Thu	Fri	Sat
No Class July 4 th Any instructor changes will be noted during registration						1 9am All Out Cardio Core w/ Pattie
2 9am Cardio/Core w/ Vanessa	3 9am Aqua Blast w/ Stephanie 11am Aqua Fit w/ Vanessa	4 9am Aqua Move w/ Stephanie 11am Aqua Blast w/ Abbi	5 9am Aqua Fit w/ Stephanie 1pm Aqua Blast w/ Abbi	6 9am Aqua Move w/Stephanie 11am Aqua Blast w/ Abbi	7 11am H2O Interval w/ Vanessa	8 9am All Out Cardio Core w/ Pattie
9 9am Cardio/Core w/ Vanessa	10 9am Aqua Blast w/ Stephanie 11am Aqua Fit w/ Vanessa	11 9am Aqua Move w/ Stephanie 11am Aqua Blast w/ Abbi	12 9am Aqua Fit w/ Stephanie 1pm Aqua Blast w/ Abbi	13 9am Aqua Move w/Stephanie 11am Aqua Blast w/ Abbi	14 11am H2O Interval w/ Vanessa	15 9am All Out Cardio Core w/ Pattie
16 9am Cardio/Core w/ Vanessa	17 9am Aqua Blast w/ Stephanie 11am Aqua Fit w/ Vanessa	18 9am Aqua Move w/ Stephanie 11am Aqua Blast w/ Abbi	19 9am Aqua Fit w/ Stephanie 1pm Aqua Blast w/ Abbi	20 9am Aqua Move w/Stephanie 11am Aqua Blast w/ Abbi	21 11am H2O Interval w/ Vanessa	22 9am All Out Cardio Core w/ Pattie
23/ 30 9am Cardio/Core w/ Vanessa	24 9am Aqua Blast w/ Stephanie 11am Aqua Fit w/ Jessica	25 9am Aqua Move w/ Stephanie 11am Aqua Blast w/ Abbi	26 9am Aqua Fit w/ Stephanie 1pm Aqua Blast w/ Abbi	27 9am Aqua Move w/Stephanie 11am Aqua Blast w/ Abbi	28 11am H2O Interval w/ Vanessa	29 9am All Out Cardio Core w/ Pattie