



Willie Adams, Grand Master Instructor

10th Degree Black Belt

We are very excited to Introduce and Welcome Willie Adams to the Beverly Hills Club. Grand Master Willie Adams was inducted into the Karate Hall of Fame in 1987. Today he is President of the Karate Association of Isshinryu. As a 10th Degree Black Belt, Grand Master Adams has been a major figure on the Metro Detroit Karate scene for over 40 years.

Isshinryu - Karate Isshinryu (one heart/mind)

Isshinryu's main objective is the perfection of oneself through both physical and mental development. As students learn the art of self defense, they acquire self-confidence, serenity and the ability to concentrate.

Isshinryu Karate combines a well rounded exercise program with some important advantages over other styles:

- ~ Kicks and punches from natural stances.
- ~ Stresses proficiency with hand and foot techniques.
- ~ Better Physical Shape - With a program that improves muscle tone, suppleness, speed and mind.
- ~ Mental and Physical Conditioning "wind down" from daily tensions & frustrations.

Spring 2024

Session Dates:

Spring 6 Apr 15 - Jun 2 (7 wks)

Little Dragons plus Junior & Adult classes

Beverly Hills Club Martial Arts program is for students of all ages and abilities. Our study of Martial Arts help students develop self discipline, achieve practical self-defense skills, optimum health, and personal development. In addition to being an excellent self-defense system, sport and work-out, karate provides a heightened appreciation for one's self and the world. The combination of grace and precision gives students self confidence while developing their body, integrity and serenity.

Little Dragons	Meets on	Time	# of weeks	Cost per session member/other
Little Dragons 3-5yrs	Sat	10-10:45a	7 weeks	\$115 / \$158
Level	Meets on	Time/s	# weeks/classes	Cost per session member/other
Jr All Rank 6-12 yr	Tue/Thu	5p	7 weeks / 14 classes	\$224 / \$280
Jr All Rank 6-12 yr	Tue/Sat	5p/11a	7 weeks / 14 classes	\$224 / \$280
Jr All Rank 6-12 yr	Thu/Sat	5p/11a	7 weeks / 14 classes	\$224 / \$280
Teen/Adult All Rank 13+ yr	Tue/Thu	6p	7 weeks / 14 classes	\$224 / \$280
Teen/Adult All Rank 13+ yr	Tue/Sat	6p/11a	7 weeks / 14 classes	\$224 / \$280
Teen/Adult All Rank 13+ yr	Thu/Sat	6p/11a	7 weeks / 14 classes	\$224 / \$280

Important Program Information: Classes MUST be paid for at the time of registration.. -Once Classes started No Credits or Refunds will be issued. -No Make-ups.-No prorating of classes until after the first week.-Prorating only if there are still openings and charged for the balance of