



# Welcome

**Willie Adams, Grand Master Instructor**  
**10th Degree Black Belt**

We are very excited to Introduce and Welcome Willie Adams to the Beverly Hills Club. Grand Master Willie Adams was inducted into the Karate Hall of Fame in 1987. Today he is President of the Karate Association of Isshinryu. As a 10th Degree Black Belt, Grand Master Adams has been a major figure on the Metro Detroit Karate scene for over 40 years.

## Winter 2024

### Session Dates:

**Winter 5 Feb 26 - Apr 14** (7 wks)

Registration opens online for Members Sun, Jan 7 and Tue, Jan 9 for all others.

**Spring 6 Apr 15 - June 2** (7 wks)

Registration Opens Sun Mar 4 Member & Tue Mar 6 Others

**Space is limited!**  
**Register online or**  
**on the BHC App**

[www.beverlyhillsclub.com](http://www.beverlyhillsclub.com)

### **Isshinryu - Karate Isshinryu (one heart/mind).**

Isshinryu's main objective is the perfection of oneself through both physical and mental development. As students learn the art of self defense, they acquire self-confidence, serenity and the ability to concentrate.

Isshinryu Karate combines a well rounded exercise program with some important advantages over other styles:

- ~ Kicks and punches from natural stances.
- ~ Stresses proficiency with hand and foot techniques.
- ~ Better Physical Shape - With a program that improves muscle tone, suppleness, speed and mind.
- ~ Mental and Physical Conditioning "wind down" from daily tensions & frustrations.

## **Little Dragons plus Junior & Adult classes.**

Beverly Hills Club Martial Arts program is for students of all ages and abilities. Our study of Martial Arts help students develop self discipline, achieve practical self-defense skills, optimum health, and personal development. In addition to being an excellent self-defense system, sport and work-out, karate provides a heightened appreciation for one's self and the world. The combination of grace and precision gives students self confidence while developing their body, integrity and serenity.

<b>Little Dragons</b>	<b>Meets on</b>	<b>Time</b>	<b># of weeks</b>	<b>Cost per session member/other</b>
Little Dragons 3-5yrs	Sat	10-10:45	<b>W5</b> 7wks <b>S6</b> 7wks	<b>W4</b> \$115/\$158 <b>S6</b> \$115/\$158
<b>Level</b>	<b>Meets on</b>	<b>Time/s</b>	<b># weeks/classes</b>	<b>Cost per session member/other</b>
Jr All Rank 6-12 yr	Tue/Thu	5p	<b>W4</b> 7wks/14 classes <b>S6</b> 7wks/14 classes	<b>W5</b> \$224/\$280 <b>S6</b> \$224/\$280
Jr All Rank 6-12 yr	Tue/Sat	5p/11a	<b>W4</b> 7wks/14 classes <b>S6</b> 7wks/14 classes	<b>W5</b> \$224/\$280 <b>S6</b> \$224/\$280
Jr All Rank 6-12 yr	Thu/Sat	5p/11a	<b>W4</b> 7wks/14 classes <b>S6</b> 7wks/14 classes	<b>W5</b> \$224/\$280 <b>S6</b> \$224/\$280
Teen/Adult All Rank 13+ yr	Tue/Thu	6p	<b>W4</b> 7wks/14 classes <b>S6</b> 7wks/14 classes	<b>W5</b> \$224/\$280 <b>S6</b> \$224/\$280
Teen/Adult All Rank 13+ yr	Tue/Sat	6p/11a	<b>W4</b> 7wks/14 classes <b>S6</b> 7wks/14 classes	<b>W5</b> \$224/\$280 <b>S6</b> \$224/\$280
Teen/Adult All Rank 13+ yr	Thu/Sat	6p/11a	<b>W4</b> 7wks/14 classes <b>S6</b> 7wks/14 classes	<b>W5</b> \$224/\$280 <b>S6</b> \$224/\$280

**Important Program Information:** Classes MUST be paid for at the time of registration.. -Once Classes started No Credits or Refunds will be issued. -No Make-ups.-No prorating of classes until after the first week.-Prorating only if there are still openings and charged for the balance of the session.

**Beverly Hills Club 31555 Southfield Rd., Beverly Hills MI just N of 13 Mile Rd (248)642-8500**